Madison County Community Health Council

Community Needs Assessment



1998

Volume I A report on the county's health status and strategies developed by the community

Community Development Tennessee Department of Health 295 Summar Avenue Jackson, TN

TABLE OF CONTENTS

	Page
INTRODUCTION	
Mission Statement	3
County Description	3
Economic Base	3
Medical Community	4
DEMOGRAPHICS	
Population Growth	4
Population Categories	4
Households	5
Education	5
Employment	6
Poverty Status	6
HISTORY OF THE PROCESS	
Community Diagnosis	7
Council Make-up	8
Data Gathered	8
HEALTH ISSUES AND PRIORITIES	
Community Surveys	9
Health Concerns	9
Prioritization Method	9
PRIORITIES WITH JUSTIFICATION	
Community Health Priorities	10
Community Resources	10
Jusitfication	11
COUNCIL MEMBERS	14

INTRODUCTION

Mission Statement

The Mission of the Community Health Council is to determine the health needs of the community and develop a plan of action for improving the health status of people in Madison County, Tennessee.

COUNTY DESCRIPTION

Land Area

Madison County is located in the heart of West Tennessee. Jackson, the County seat, is in the center of the county 85 miles east of Memphis and 130 miles west of Nashville. Jackson was named in honor of war hero and future U.S. President Andrew Jackson and is known as the home of America's most legendary railroad man, Casey Jones.

Railroads have been an important part of Jackson's growth. At one time five railroad presidents lived in the community. Today, Jackson has emerged as a regional "hub" for West Tennessee. The city's location and outstanding area roads have contributed to an expansion of the local economy which was once dependent on agriculture.

ECONOMIC BASE

A reliable workforce, excellent quality of life, and outstanding industrial support services have led to an extended period of economic growth in Madison County. Primary employers in the community include Porter-Cable (power tools), West Tennessee Health Care, Jackson-Madison County School Board, Procter and Gamble (Pringles), and Murray Inc. (mowers). Madison County industries provide jobs for residents of all of West Tennessee.

Healthcare is an important industry to Jackson and Madison County. The community offers the only tertiary care centers in West Tennessee outside of Shelby County. Medical specialty and subspecialty care of all types is available. More than thirty percent of Madison County residents work in a service industry – primarily healthcare.

Tourism and recreation are fast becoming leading industries in the community. Twelve parks, encompassing over 800 acres, are operated by the Jackson Recreation and Parks Department. Jackson is also home to the West Tennessee Diamond Jaxx, a Class AA baseball team that led the Southern League in attendance in 1998.

Demographics of Madison County

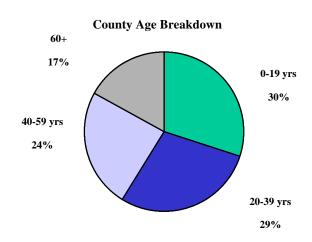
MEDICAL COMMUNITY

Madison County is home to two full-service hospitals – Jackson-Madison County General Hospital and Methodist LeBonheur Hospital are full-service not-for-profit tertiary care facilities offering a wide range of services on both an inpatient and outpatient basis. Some of the available services include: Ambulatory Surgery, CAT Scan, Nuclear Medicine, 24 Hour Cardiac Monitoring, Cardiac Stress Testing, Cardiology, Pathology, Home Health, and Hospice. Virtually all types of specialty and subspecialty care are available in the community.

The expanded medical community offers general and family practitioners, dental and orthodontic services, optometrists and opticians. Pathways, Inc. offers a variety of services from early childhood intervention to stress management. There are a number of intermediate care facilities to meet the nursing home needs of the area. Home health services are also available to those in need of special treatment.

The Madison County Health
Department offers a wide range of
services including family planning,
prenatal care, WIC, nutritional
counseling, child immunizations,
adolescent dentistry, Resource
Mothers, Childrens' Special
Services, STD testing, adolescent
pregnancy prevention programs,
and health education services.

DEMOGRAPHICS



POPULATION CATEGORY

MADISON COUNTY

SEX	NUMBER	%	TN PERCENT
FEMALE	45,139	53	52
Male	39,656	47	48
Race			
White	57,416	68	83
Black	26,941	32	16
Other	438	-	-

DEMOGRAPHICS OF MADISON COUNTY

HOUSEHOLDS

Total Number of Households: 26,609	County	Region	State	
Percent of households that are family households	72.0	74.7	72.7	
Percent of households that are families headed by a female with no husband present	15.8	11.8	12.6	
Percent of households that are families headed by a female with no husband present and with children under 18 years	9.4	6.4	6.9	
Percent of households with the householder 65 and up	20.0	27.5	21.8	

EDUCATION

	County	Region	State
Number of persons age 25 and older	43,068	294,457	3,139,066
Number of persons 25 and up that are high school graduates or higher	68.3	56.5	67.1
Percent of persons 25 and up with a Bachelor's degree or higher	16.6	7.6	16.0

DEMOGRAPHICS OF MADISON COUNTY

EMPLOYMENT

	County	Region	State
Number of Persons 16 and Older	56,036	352,668	3,799,725
Percent In Work Force	60.1	59.6	64.0
Number of Persons 16 and Older in			
Civilian Work Force	33,629	209,376	2,405,077
Percent Unemployed	5.0	7.4	6.4
Number of Females 16 Years and			
Older with Own Children Under 6	1,694	26,205	287,675
Percent in Labor Force	59.0	64.9	62.9

POVERTY STATUS

	County	Region	State	
Per capita income in 1989	\$11,655	\$9,850	\$12,255	
Percent of persons below the 1989 poverty level	17.7	19.0	15.7	
Families with children under 18 years, percent with income in 1989 below poverty level	23.7	23.8	20.7	
Percent of persons age 65 years and older with income in 1989 below poverty	21.1	27.4	20.9	

Sources: U.S. Department of Commerce, Bureau of the Census, <u>1990 Census of Population General Population Characteristics, Tennessee</u>, and <u>1990 Census of Population and Housing, Summary Social, Economic, and Housing Characteristics Tennessee</u>.

HISTORY OF THE PROCESS

In 1996 local health care providers and community leaders in Madison County began an on-going dialogue about the challenges facing the community's health care delivery system. It was becoming apparent that the pressures of reform including changes in Medicaid, AFDC, and reimbursement rates for rural hospitals were beginning to strain the community's limited resources. Local leaders responded by forming a Community Health Council to serve as a mechanism for evaluating the health status of the community and pooling resources to address shared problems. The Health Council conducted a comprehensive assessment of the health status of Madison County residents and developed a strategy to address the needs identified.

COMMUNITY DIAGNOSIS

The "Community Diagnosis" process developed by the Tennessee Department of Health was the basis for the assessment. Community Diagnosis is a data-driven assessment process which helps communities identify and prioritize health problems.

Information regarding the community's health status, in addition to data available from the State, was collected and analyzed. Data from a behavioral risk factor survey conducted by the University of Tennessee was also reviewed. Secondary data available from the Department of Health and other sources were then studied in order to focus discussion. Once a comprehensive list of problems had been compiled, the problems were prioritized based on size, seriousness, and effectiveness of interventions. Using this approach a Community Health Problems List was developed. Once this list had been compiled, work groups were developed to begin developing specific goals and designing appropriate interventions.

"Health Departments across the county have not developed good assessment capabilities, but we must concentrate on this function if we are to enter the 21st century with the data and system to recognize health problems as well as resolve them."

Fredia Wadley, Commissioner Tennessee Department of Health February 1995

COUNCIL MAKE-UP

The Madison County Community Health Council consists of a diverse group of community leaders which is representative of the community in terms of geography, race, profession, and institutional factors. A list of council representatives is attached as Appendix A.

DATA GATHERED

Demographic and Socioeconomic Data

Population Demographics Life Cycle of Residents Labor Force Status Marital Status Poverty Status Family/Household Status

Health Professionals Data

Primary Care Physicians
OB/GYN Physicians
Internists
Pediatricians
Specialists
Dentists
Nurse Practitioners/Nurse
Midwives

TennCare Data

Number of Enrollees Managed Care Organizations Number of Providers by MCO

Health and Vital Statistics Data

Fertility Data Cancer **Adolescent Pregnancy Rates Diabetes** Live Births by Age and Race **Heart Conditions** Birthweight Trends Hypertension Infant Deaths by Race HIV/Aids **Leading Causes of Death** Mothers Exhibiting Maternal Risk Factors Tobacco Use Motor Vehicle Mortality Hospital Discharge Data **Accidental Death Mortality Violent Deaths Sexually Transmitted Diseases** Obesity

Family Data

Domestic Violence Patterns Child Abuse and Neglect Alcohol and Drug Abuse

Community Health Surveys

The Council supplemented published data by reviewing survey data regarding behavioral risk factor conducted by the University of Tennessee. Focus groups were also conducted to gather input and identify anecdotal data to support the assessment process.

Community Health Concerns Identified

- Cancer
- ♦ Obesity
- ♦ Child Abuse Neglect
- Heart Disease
- ♦ Hypertension
- Diabetes
- ♦ Lack of Resources
- ♦ Indigent Dental & Eye Care
- Motor Vehicle Crashes

PRIORITIZED PROBLEMS

The Council discussed an increasing range of pressing health problems that the community must address with limited resources. To direct those resources well, the Council established priorities from among the problems identified. For this task the Council chose a modification of the method developed by J.J. Hanlon who is a nationally known public health professional. This method sets priorities on the basis of the size and seriousness of the problem in conjunction with knowledge about the effectiveness of potentially available interventions. Each problem being considered was given a numerical score on a scale of 0 to 10 based on the size of the population affected, the seriousness of the problem and the effectiveness of potential interventions. The following formula was used for the calculation of total scores (D) where A = Size; B = Seriousness, and C = Effectiveness of Interventions,

$$D = A + (2B) \times C$$

Community Health Priorities 1996-97

Exercise/Obesity Child Abuse and Neglect Cancer Heart Disease/Diabetes Lack of Financial Resources

The Community Health Council selected five problems from the list of health concerns to be addressed during the first project year. These community health priorities were adolescent pregnancy and motor vehicle crashes. When selecting these priorities for 1996-97, the Council worked through the entire sequence of interacting factors that contribute to each community health problem identified. Links between problems, barriers to effective intervention and the availability of resources were all-important considerations.

Community Resources

- Local Physicians
- Madison County Health Dept.
- Regional Health Department
- ♦ Schools
- ◆ TN Department of Children's Services
- ♦ Churches
- Madison County Juvenile Court
- Pathways, Inc.

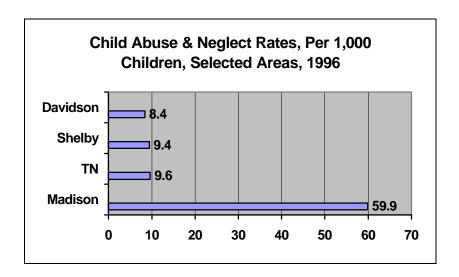
- ♦ University of Tennessee Extension Services
- ♦ API Council
- ♦ March of Dimes
- ♦ Resource Mothers
- ◆ CHAD
- West Tennessee Health Care
- Methodist-LeBonheur Health Care
- ♦ American Heart Association
- ♦ American Diabetes Association
- ♦ Regional Inter-Faith Association
- Area Agency on Aging
- ♦ SW Council on Children and Youth
- ♦ Exchange Club-Carl Perkins Ctr.
- ♦ STAR Center
- ♦ Boys and Girls Club of Jackson
- ♦ YMCA
- ♦ Lambuth University
- ♦ Union University
- ♦ Jackson State Community College
- University of Memphis
- ♦ Civic Clubs
- ♦ March of Dimes
- Southwest Human Resources Agency
- ◆ TN Department of Human Services
- American Red Cross
- ♦ Aspell Manor
- ♦ JACOA
- West Tennessee Legal Services
- ♦ WRAP
- ♦ Southwest Community Services Agency

EXERCISE/OBESITY

The Council believes that too many community residents practice sedentary lifestyles that contribute to obesity and its related health problems. Nationally, it is estimated that 14 percent of children aged 6 to 11; 12 percent of adolescents aged 12 to 17; and 35 percent of adults aged 20 and over are overweight. In a behavioral risk factor survey conducted by the University of Tennessee, more than half of the respondents described obesity as a problem in the community. An additional 16 percent of respondents reported having been told by a physician to lose weight.

CHILD ABUSE AND NEGLECT

According to <u>KIDS COUNT</u>, the indicated child abuse and neglect rate for Madison County increased nearly 600 percent from 1992 to 1996 from a rate of 8.7 per 1,000 children to a rate of 59.9. During the same time, the rate of children in state care increased by over 600 percent from a rate of 8.3 to a rate of 58.6. The percent of children under 18 referred to Juvenile Court has also increased dramatically from 2.7 percent in 1992 to 13.9 percent in 1996.



CANCER

According to the American Cancer Society, 1.7 percent of the population or about 1,400 residents of Madison County receive medical care for cancer each year. In 1997, 188 county residents lost their battle with cancer. Cancer is the second leading cause of death in Madison County. Approximately 420 new cancer cases are diagnosed each year in the community. In a community survey, 65 percent of respondents described cancer as a community health problem.

HEART DISEASE AND DIABETES

Heart Disease is the leading cause of death in Madison County accounting for 204 deaths in 1997. In a behavioral risk factor survey conducted by the University of Tennessee, 59 percent of respondents described heart disease as a community health problem. 67 percent of respondents described high blood pressure as a community health problem.

Diabetes plays a major role in heart disease and other health issues such as blindness, kidney disease, amputations and stroke. The American Diabetes Association estimates that 5.4 percent of the population or 4,579 Madison County residents has diabetes. In a behavioral risk factor survey conducted in the community, four percent of respondents reported that they had been diagnosed as diabetic. Forty-four percent of respondents described diabetes as a community health problem.

LACK OF FINANCIAL RESOURCES

Despite tremendous economic growth in the past twenty years, there are too many Madison County residents who lack the resources required to access the health care system. There is also a significant number of individuals in the community who do not understand how to access the services which are available. Prescription drug costs are a financial burden for many residents – especially seniors. Dental and vision care are often considered luxuries by the working poor.

Actions and Strategies

Subcommittees were formed to serve as working groups for each priority identified and were expanded to include individuals with knowledge and experience related to each problem. Each subcommittee was charged with the responsibility of developing a plan of action which included objectives, activities and evaluation criteria. Volume II of this report will include those findings and recommendations.

Madison County Community Health Council

Dr. Paul Clayton
First United Methodist Church

Eddie Hays, Principal Parkway Middle School

Ron Pennel Lambuth University

Mary Tyler, Director Area Relief Ministries

Kim Nolen Jackson Madison Co. General Hospital

Marla McCormick YMCA

Mona Canovan St. Mary's Manor

Pam Nash, Director Exchange Club/Carl Perkins Center Tony Emison, Director Madison Co. Health Dept.

Shirlene Mercer Jackson Madison Co. General Hospital

Nick Pappas, Director Youth Town of Tennessee

Jeff Frieling Jackson Madison Co. General Hospital

Deena Kail Jackson Madison Co. General Hospital

Joan Nowell Jackson Madison Co. General Hospital

Dale Brittain Kiwanis Center for Child Development